

# UNIT II

## A BLAST FROM THE ANCIENT PAST

# MY PROGRESS!

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

**I AM JUST STARTING  
TO LEARN THIS, AND  
I DON'T GET IT YET.**

**I AM STARTING  
TO GET IT!**

**I CAN DO IT  
PRETTY WELL!**

**I AM GETTING REALLY  
GOOD AT THIS!**

<p><b>LONG NOTE EXERCISES</b></p> <p>Practice holding different notes steady while getting louder or softer</p>	<p>I have difficulty holding the sound steady on higher or lower notes.</p> <p>★</p>	<p>I can hold the sound steady on lower and higher notes.</p> <p>★★</p>	<p>I can get louder <b>or</b> get softer while holding higher <b>or</b> lower notes.</p> <p>★★★</p>	<p>I can get louder <b>and</b> get softer while holding higher <b>and</b> lower notes.</p> <p>★★★★</p>
<p><b>ARTICULATION EXERCISES</b></p> <p>Practice starting the sound with a "T" or "D" and playing long and short notes.</p>	<p>I am still having difficulty starting my sound with a "T" or "D".</p> <p>★</p>	<p>I can start the sound with a "T" or "D" and can play 12 or more notes in a row.</p> <p>★★</p>	<p>I can play long and short notes clearly.</p> <p>★★★</p>	<p>I can play difficult rhythms from chapters 4-6 clearly.</p> <p>★★★★</p>
<p><b>HARMONIC NOTE EXERCISES</b></p> <p>Practice moving up, down, and back and forth between three harmonic notes</p>	<p>Sometimes I can move up, down, and back and forth between two harmonic notes.</p> <p>★</p>	<p>I can move up, down, and back and forth between two harmonic notes.</p> <p>★★</p>	<p>Sometimes I can move up, down, and back and forth between three harmonic notes.</p> <p>★★★</p>	<p>I can move up, down, and back and forth between three harmonic notes.</p> <p>★★★★</p>
<p><b>MAKE MUSIC!</b></p> <p>Practice playing the assigned pieces from each chapter</p>	<p>I am having difficulty playing the assigned pieces.</p> <p>★</p>	<p>Sometimes I can play the assigned pieces, but it is still difficult.</p> <p>★★</p>	<p>I can play the assigned pieces, but sometimes I make mistakes.</p> <p>★★★</p>	<p>I can play the assigned pieces by myself with no mistakes.</p> <p>★★★★</p>